PRICES

With effect from July 2026

Service	Fee	Appt Duration
Physiotherapy		
Initial Appointment	£45.00	30 min
Follow Up Appointment	£45.00	30 min
Home Visit (dependent upon distance & time blocked out of diary)	£90/£120/£170	60 min
Laser		
Initial Appointment	£45	30 min
Follow Up Appointment	£45	30 min
Laser/Physiotherapy Appointment	£65	30 min
Clinical Pilates (Physio led)		
1:1 Initial Assessment & Follow Up	£64.00	60 min
1:1 Session Follow Up	£52.00	45 min
1:1 Session Follow Up	£44	30 min
2:1 Session (2 clients: instructor)	£32.00 pp	60 min
Paediatric Physiotherapy (Specialist)		
General		
Initial Assessment (to include written report)	£120	60 min + report
Initial Assessment (no report)	£90	60 min
Follow Up Appointment	£70	45 min
Follow Up Appointment	£44	30 min
Clinical Pilates (Sports Therapist Led)		
1:1 Initial Assessment & Follow Up	£55.00	60 min
1:1 Session Follow Up	£45.00	45 min
1:1 Session Follow Up	£37.00	30 min
Sports & Swedish Massage		
60 Min Massage	£55.00	60 min
45 Min Massage	£45.00	45 min
30 Min Massage	£37.00	30 min

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We appreciate your continued loyalty and support.
Thank you.