

Service	Fee	Appt Duration
BPPV (Vertigo/Dizziness)		
Initial Assessment	£78.00	60 min
Follow Up Appointment	£38.00	30 min
Physiotherapy		
Initial Assessment	£40.00	30 min
Follow Up Appointment	£38.00	30 min
Clinical Pilates (Physio led)		
1:1 Initial Assessment & Follow Up	£60.00 **	60 min
1:1 Session Follow Up	£50.00	45 min
1:1 Session Follow Up	£38.00	30 min
2:1 Session (2 clients: instructor)	£30.00 pp	60 min
Clinical Pilates (Sports Therapist led)		
1:1 Initial Assessment & Follow Up	£50.00	60 min
1:1 Session Follow Up	£40.00	45 min
1:1 Session Follow Up	£35.00	30 min
2:1 Session (2 clients: instructor)	£25.00 pp	60 min
Classes – Zoom (pp booked in block)	£10.00 pp	60 min
Paediatric Physiotherapy – Specialist		
General		
Initial Assessment	£78.00	60 min
Follow Up Appointment	£55.00	45 min
Follow Up Appointment	£38.00	30 min
Neurological/developmental delay		
Initial Assessment	£90.00	90 min
Follow Up Appointment	£60.00	60 min
Pelvic Health Physiotherapy		
Initial Assessment	£80.00	60 min
Follow Up Appointment	£60.00	45 min
Follow Up Appointment	£45.00	30 min
Mummy MOT – Initial Assessment	£85.00	75 min
Mummy MOT – Follow Up Appointment	£60.00	45 min
Reflexology		
Initial Appointment & Follow Up	£40.00	45 min
Full Body Massage	£45.00	75 min
Respiratory Physiotherapy		
Initial Assessment	£78.00	60 min
Follow Up Appointment	£55.00	45 min
Follow Up Appointment	£38.00	30 min
Sports & Swedish Massage		
Initial Massage	£48.00	60 min
45 Min Massage	£38.00	45 min
30 Min Massage	£33.00	30 min
Corporate Massage	£60.00	60 min

** If you block book 6 x 1:1 sessions a discount of £5 per session will be applied